

Memo to: John Knight, District Administrator
From: Wellness Committee
Date: October 24, 2018
Subject: Assessment of the Implementation of the Wellness Policy

This memo is from the current Wellness Committee in regards to one of the new requirements of providing you an assessment of the implementation of the wellness policy here at Drummond.

While the policy has been reviewed annually, there hasn't been a formal assessment of the program yet here at Drummond. The committee has found the following regarding the implementation:

1. The elementary, middle and high schools do a very good job at promoting health and well-being.
2. The physical education teachers are having the students do more warm up activities prior to starting class.
3. Several elementary classes make regular trips to the town library and this promotes exercise.
4. The kitchen staff has begun setting out fruit at the end of the lunch line and have noticed more and more students taking the fruit, as well as several students going back for 2nd helpings of the salad bar.

The committee will be making another assessment at the end of this school year and will have recommendations for improvements, if any, at that time.