

May 2021

Drummond Area School District

LUNCH



This institution is an equal opportunity provider.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

3) Hamburger Patty on a Bun, American Cheese
Baked Beans
Sliced Pears
Low fat milk

10) Chicken Nuggets
Brown Rice Pilaf
Steamed Broccoli
Applesauce
Low fat milk

17) Chicken Gravy
Mashed Potatoes
Mixed Vegetables
Sliced Pears, Low fat milk

24) Tater Tot Casserole
Green Beans
Sliced Peaches
Low fat milk

31) Memorial Day

Tuesday

4) Beef Tacos, Corn Tortilla Chips, Lettuce, Cheese, Salsa, Refried Beans
Mixed Fruit
Low fat milk

11) Beef Lasagna
Caesar Salad, Breadstick
Banana
Low fat milk

18) Chicken Patty/ Bun
Steamed Broccoli
Banana
Low fat milk

25) Hamburger Patty/ Bun
Potato Wedges
Tomato and Onion
Banana, Low fat milk

Wednesday

5) Ham Sub, Lettuce, Tomato, Onion, Cheese
Baby Carrots
Banana
Low fat milk

12) Smucker's PBJ
Sun Chips
Baby Carrots
Mixed Fruit
Low fat milk

19) Chicken Wrap, Lettuce
Pepper Jack Cheese
Baby Carrots
Apple, Low fat milk

26) Ham Sub, Lettuce, Tomato, Onion, Cheese
Baby Carrots, Apple
Low fat milk

Thursday

6) BBQ Pulled Pork/ Bun
Baked Beans
Coleslaw
Sliced Peaches
Low fat milk

13) Chicken Fajita, Refried Beans, Lettuce, Salsa, Pepper Jack Cheese, Tortilla Chips, Sliced Pears
Low fat milk

20) Beef Tacos, Corn Tortilla Chips, Cheese, Salsa, Lettuce, Refried Beans, Fruit, Low fat milk

27) Last Day!!!!
Smucker's PBJ
Chips, Baby Carrots
Fruit, Ice Cream Bar, Milk
Early Release!!!!

Friday

7) Grilled Cheese
Tomato Soup, Crackers
Strawberry Cup
Low fat milk

14) Cheese Quesadilla
Steamed Corn
Fruit
Low fat milk

21) Pizza Dippers
Marinara Sauce
Steamed Corn
Fruit, Low fat milk

28) No School!
Thank you Seniors!
You Rock!

