



This institution is an equal opportunity provider.



Try the garden bar – it's included with your lunch and has fresh veggies every day!

Monday



7) Chicken Nuggets
Brown Rice Pilaf, Broccoli
Garden Bar
Peaches, Low fat milk

14) Chicken Corn Dog
California Mixed Vegetable
Garden Bar
Cantaloupe, Low fat milk

21) Chicken Teriyaki Strips
Brown Rice, Broccoli
Garden Bar, Pineapple
Fortune Cookie, Low fat milk

28) Tater Tot Casserole
Green Beans
Garden Bar
Pears, Low fat milk

Tuesday

1) Vacation

8) Beef Spaghetti
WG Garlic Toast
Caesar Salad, Garden Bar
Banana, Low fat milk

15) Beef Tacos/ Corn
Tortilla Chips, Salsa,
Cheese, Refried Beans
Garden Bar
Applesauce, Low fat milk

22) Chili & Baked Potato
Crackers, Fixings
Garden Bar
Strawberry Cup
Low fat milk

29) Chicken Fajita Wrap
Refried Beans, Cheese,
Salsa and Lettuce
Bananas, Low fat milk

Wednesday

2) Vacation

9) Chicken Patty/ Bun
Baked Beans
Garden Bar
Apples, Low fat milk

16) 3 - Cheese Calzone
Steamed Broccoli
Garden Bar
Banana, Low fat milk

23) School made Lasagna
WG Breadstick, Caesar
Salad, Garden Bar
Banana, Low fat milk

30) Hamburger Patty/ Bun
Baked Beans
Garden Bar
Orange Wedges, Milk

Thursday

3) Hamburger Patty/ Bun
Baked Beans
Garden Bar
Apples
Low fat milk

10) Beef Hot Dog
Potato Wedges
Garden Bar
Mixed Berry Cup, Milk

17) Turkey Gravy with
Mashed Potatoes
Butternut Squash
Garden Bar, Cranberries
Low fat milk

24) WG Pizza Dippers
Marinara Sauce, Carrots
Garden Bar
Orange Wedges
Low fat milk

31) Chicken Patty/ Bun
Steamed Broccoli
Garden Bar
Apples, Low fat milk

Friday

4) Pepperoni or Cheese
Pizza, Steamed Corn
Garden Bar
Mixed Fruit
Low fat milk

11) Macaroni & Cheese
Smucker's PBJ sandwich
Garden Bar
Pears, Low fat milk

18) Cheese Quesadilla
Steamed Corn
Garden Bar
Apples, Low fat milk

25) Teacher Inservice

